

ELLE FRIBERG



Debut Single - Tick Tick Tock

What happens when we try to outrun our dreams? Exhausted, we eventually stop running –and start embracing. Elle's debut single, Tick Tick Tock, captures her journey with music—a dream she once tried to escape.

With Tick Tick Tock, Elle delivers a groovy reminder to stop running from ourselves. Pulsing with high-tempo beats and rich harmonies, the track proves that even life's hardest lessons are best learned on the dance floor.

Release date 30/04/25

ABOUT ELLE FRIBERG

Elle Friberg is a Botswana-born singer-songwriter based in Sweden, who transforms life's rhythms into soul-stirring melodies. With a voice that carries both vulnerability and strength, she weaves deeply personal experiences into songs that transcend the personal, offering a space for listeners to feel, heal, and celebrate their own journeys. Her music fuses raw emotion with infectious grooves, ensuring that both heart and body are part of the experience. Rooted in her own triumphs over adversity, Elle sees music as a vessel for liberation—one that invites us all to truly live, not just exist.





Debut EP - Whole Again

Tick Tick Tock is the lead single of Elle Friberg's upcoming debut EP, Whole Again, **set for release in summer 2025**. Featuring five evocative tracks, the EP draws inspiration from the rhythms of nature and time – the turning of seasons as a mirror to the human soul. From the cold stillness of emotional winters to the scorching heat of love

and healing, Whole Again captures the raw spectrum of being alive. The EP draws from Lorraine's experiences with depression, marrying the love of her life and feeling whole again to encourage listeners to not be afraid of leaning into this thing called life.

"Kom Hem" shortlisted for the Swedish Church Psalm Book



"[Elle's] voice touches me in a special way. It's as if she carries an entire choir within her-heart, raw power, and wisdom behind every word" - Tommie Sewon

Elle wrote her first Swedish song at a workshop in Sofia Church under the guidance of the legendary Tommie Sewon. The song has been shortlisted for consideration in the Swedish Church Psalm Book. The song will be **released on the 18th of May 2025** and will be sang throughout churches in Sweden for a year and a half before the final verdict.



Contact

Email: lorraine@spegelworks.com